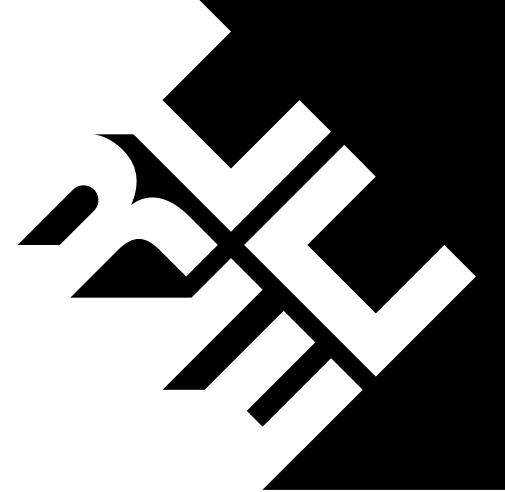


# SWIM FOR LIFE

## LESSONS SUMMER 2025



### JULY 8TH - AUGUST 29TH

REGISTRATION OPENS TUESDAY JUNE 17TH AT 12PM FOR MEMBERS

(IN-PERSON REGISTRATION ONLY AT THE RECC - 625 ABENAKI RD)

PUBLIC ONLINE REGISTRATION OPENS WEDNESDAY JUNE 18TH AT 12PM

**ONLINE REGISTRATION:** [www.ratheastlinkcommunitycentre.ca/programs/swim-lessons](http://www.ratheastlinkcommunitycentre.ca/programs/swim-lessons)

	<b>TWICE WEEKLY CLASSES 4 WEEKS</b>	<b>ONCE WEEKLY CLASSES 8 WEEKS</b>	<b>TWICE WEEKLY CLASSES 4 WEEKS</b>
	<b>Tuesday &amp; Thursday July 8<sup>th</sup> to July 31<sup>st</sup></b>	<b>Fridays July 11<sup>th</sup> to August 29<sup>th</sup></b>	<b>Tuesday &amp; Thursday August 5<sup>th</sup> to August 28<sup>th</sup></b>
Parent & Tot 1		10:00-10:30	
Parent & Tot 2		10:35-11:05	
Parent & Tot 3		11:10-11:40	
Preschool 1	4:30 - 5:00		4:30 - 5:00
Preschool 2	4:30 - 5:00		5:15 - 5:45
Preschool 3	5:05 - 5:35		6:00 - 6:30
Preschool 4/5	5:40 - 6:20		4:30 - 5:10
Preschool 5			

Swimmer 1 Beg	4:30 - 5:10		
Swimmer 1 Adv			5:50 - 6:30
Swimmer 2	5:05 - 5:45		5:15 - 5:55
Swimmer 3	5:15 - 5:55		6:35 - 7:05
Swimmer 4	6:00 - 6:55		
Swimmer 5/6	6:00 - 6:50		6:35 - 7:30
Swimmer 7/8/9	5:00 - 6:05		
AquaGo!	5:00 - 5:40		5:00 - 5:40

Private 1 person Semi-private Lessons can have up to two registrants that are no more than one level apart	6:10 - 6:50 6:25 - 7:05		4:30 - 5:10 5:05 - 5:45, 5:50 - 6:30 6:35 - 7:15
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	<b>ANNUAL FAMILY MEMBERSHIPS*</b>	<b>GENERAL</b>
<b>PARENT &amp; TOT</b>	\$37.50	\$75.00
<b>PRESCHOOL 1 to 3</b>	\$37.50	\$75.00
<b>PRESCHOOL 4 to 5</b>	\$47.50	\$95.00
<b>SWIMMER 1 to 3</b>	\$47.50	\$95.00
<b>SWIMMER 4 to 6</b>	\$52.50	\$105.00
<b>SWIMMER 7 to 9</b>	\$57.50	\$115.00
<b>AQUAGO!</b>	\$60.00	\$74.00
<b>PRIVATE LESSONS*</b>	\$175.00	\$195.00
<b>SEMI-PRIVATE LESSONS*</b> (per child)	\$101.25 x 2	\$112.50 x 2

\*Private lesson registration is in-person only

\*Semi-Private lessons can have up to two registrants that are no more than one level apart

\*Must be 4 years old by the end of the session to register for private lessons

\*Not recommended for Levels 7,8,9

\*Waitlists are not available. Please check online for openings if a class is full.

### AQUAGO! LEVELS 1/2 (NOVICE: AGES 6-9 YRS)

AquaGO! Will introduce young swimmers to the exciting world of synchronized swimming! Swimmers in this class will enjoy aquatic games and activities, as well as learning basic synchronized swimming skills, and physical fitness. This level is for new, and returning AquaGo! participants who are comfortable in the water.

**Prerequisites:** Swimmers must be 6-9 years old, and be able to float comfortably unassisted on their front and back. Completion of Preschool 4 or Swimmer 1 is strongly recommended.

### \*FAMILY ANNUAL MEMBERS:

(INCLUDING RECC LIFE FAMILY MEMBERSHIPS)

**Group Lessons ..... 50% OFF**

**Private Lessons ..... 10% OFF**

**Semi-Private Lessons ... 10% OFF**

Classes may not run with less than 3 registered participants. All schedules are weather permitting and are subject to change or cancellation. Please check our website at [www.therecc.ca](http://www.therecc.ca) or call our Welcome Desk at 902-893-2224 for schedule confirmation.